

Permanent Makeup Pre / Post Care Instructions

Permanent Makeup Pre-Care Instructions:

- When scheduling an appointment date for a permanent makeup procedure, keep in mind the healing time for the procedure.
- Eyebrow Tattoos will be tender immediately after (Tylenol® will help), but you are able to go back to work or continue your daily routines with some exceptions that are listed below.
- Eyebrows will appear too dark immediately after the procedure, this is temporary. The color will progressively lighten each day as it heals.
- With Permanent Eyeliner Tattoos you will want a few days afterward without any special social plans or strenuous activity.
- Eyeliner immediately after will appear extremely bold in color and thicker due to any swelling. The day of the procedure is usually a down day, we recommend going home and cooling down the eyes. Keep yourself elevated as to not promote swelling and bruising. Sometimes the following day can be worse than the first so plan on taking an extra day off just in case you fall in that category. Everyone heals differently, a lot depends on the condition of your skin and the thickness of the liner you choose.
- Lip color is extremely bright and vivid along with some moderate swelling for the first 24-48 hours. You will want 1- 2 days before going out on the town. Most clients lose approximately 60% of the initial implanted color within the first couple of days. Full lip color just puts pigment back into the lips for a more youthful looking appearance.

Eyebrow Tattoo Prep

- Do not pick/tweeze/wax/perform electrolysis one week before procedure.
- Do not tan two weeks prior or have sunburned face.
- Do not have any type of facial/peel two weeks prior to procedure.
- Discontinue Vitamin A/Retinol products one month prior to procedure.
- Do not have Botox® within two weeks prior.
- Do not wax or tint your eyebrows three days before the procedure.
- In order to avoid excessive bleeding and poor color deposit:
 - Do not drink alcohol 24-48 hours before your procedure.
 - Do not consume coffee before your procedure.
 - Do not take aspirin or ibuprofen for pain relief (this thins the blood).

Permanent Eyeliner Prep

- Do not wear mascara the day of procedure BUT DO wear your eyeliner in so your Esthetician can see how you normally apply it.
- Eyelash extensions must be removed prior to treatment.
- Do not wear contacts for 24-48 hours after procedure (Bring your reading glasses).
- Do not dye or perm lashes for two days prior.
- If you have had any type of eye surgery, consult with your physician about how long you should wait before having a permanent eyeliner procedure. Usually, two months is sufficient with most physicians after lasik, cataract, and blepharoplasty.

Permanent Lipstick Prep

- Do not get any lip filler injections three weeks prior to procedure.

If you have any additional questions or concerns,

Please contact our office at 765-497-1655

- Do not receive collagen or restylane injections at least six months prior to lip procedure due to poor color. If you have a history of cold sores, begin prophylactic treatment with Valtrex or similar no later than the day of treatment.
- Notify your Esthetician if you develop a cold sore, acne, open lesions in the area being treated, or experience any type of illness before your treatment.
- retention and migration along lip edges.

Eyebrow Tattoo Aftercare Instructions

- Gently blot the area with a clean tissue to absorb excess lymph fluid. Do this every 10 to 15 min for the first couple of hours until the weeping/oozing has stopped. Removing this fluid prevents hardening of the lymph.
- Day 1-7 Cleanse
 - Cleanse daily to remove the old layer of ointment, bacteria, and dead skin. This will not remove the pigment.
 - Gently cleanse your eyebrows once a day with water and an antibacterial cleanser. With a very light touch, use your fingertips to gently cleanse the eyebrows. Rub the area in a smooth motion for 10 seconds and rinse thoroughly. To dry, gently pat with a clean tissue. Let air dry for 5 minutes before you reapplying ointment.
- Day 1-7 MOISTURIZE
 - After your eyebrows are dry, apply ointment with a cotton swab or thoroughly cleansed fingertips and spread it across the treated area. Be sure not to over-apply as this will suffocate your skin and hinder the healing process. The ointment should be barely noticeable on the skin.

Permanent Eyeliner Aftercare Instructions

- Cold cotton is recommended as soon as you get home. Cooling the skin is beneficial but be sure to avoid freezing. You can cool/ice the eyes by applying gel compresses.
- Day 1-5 Cleanse
 - Cleanse daily to remove the old layer of ointment, bacteria, and dead skin. This will not remove the pigment,
 - Gently cleanse your eyeliner once a day with water and an antibacterial cleanser. With a very light touch, use your fingertips to gently cleanse the eyeliner. Rub the area in a smooth motion for 10 seconds and rinse thoroughly. To dry, gently pat with a clean tissue. Let air dry for five minutes before you reapply ointment.
- Day 1-5 MOISTURIZE
 - Apply ointment to dry eyeliner with a cotton swab or thoroughly cleansed fingertips and spread it across the treated area. Be sure not to over-apply as this will suffocate your skin and hinder the healing process. The ointment should be barely noticeable on the skin.
 - After five days you can start wearing mascara again but a new tube is required to prevent infections.

Permanent Lipstick Aftercare Instructions

- Lips will ooze/weep the first day, just blot and reapply ointment.
- Lips will be tender at first. Drink through a straw. Choose foods you can place in your mouth with a fork without touching your lips.
- Lips will shed/peel the first layer of color off within 48 hours of procedure, keep applying ointment.

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- During the peeling process it may look like there is not much color, but it will be more apparent by the second week.
- Final result appears in 6-8 weeks.

Reminder for ALL Permanent Makeup Procedures

- Keep all makeups and moisturizers including sunscreen away from the treated area, the only thing that should touch the treated area is the ointment while healing.
- Avoid hot, sweaty exercise for one week.
- DO NOT pick, scratch or rub treated area.
- Avoid heavy sweating and long hot showers for the first 10 days.
- Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of color.
- Avoid direct sun exposure or tanning for four weeks after procedure.
- Avoid sleeping on your face for the first 10 days.
- Avoid swimming, lakes, hot tubs for 10 days.

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