



Materials Needed



Specimen collection bag



eSwab for Skin Swabs



Sterile Cup for Tissue Collection and Skin Scrapings



Sterilized Scalpel for Scrapings (Not Provided)



Requisition Form



Copy of Patient Insurance Card (Front and Back)

Note: Prior to collection, always clean and remove skin surface of any anti-microbial agents.

Don PPE, and select from the following:

Cellulitis

- Non-draining cellulitis:
 - Perform a fine needle aspirate.
 - Transfer aspirate to a transport tube
- Draining cellulitis:
 - Roll swab in affected area until saturated with purulence.
- Break the swab handle at the indentation and place the cap on the tube.
- Keep collection tube in an upright position for 10-15 minutes.
- Skin swabs should be refrigerated until the designated pick up time.

Skin Swab Collection

- Swab area with the eSwab.
- Place swab in transport tube.
- Swirl the swab in the solution 7-10 times.
- Break the swab handle at the indentation and place the cap on the tube.
- Keep collection tube in an upright position for 10-15 minutes.
- Skin swabs should be refrigerated until the designated pick up time.

Skin Scraping Collection

- Scrape the affected area with sterile scalpel.
- Swab the scraped area with the swab.
- Collect any remaining material on the scalpel using the same swab.
- Break the swab at the indentation and place cap on the tube.
- Keep collection tube in an upright position for 10-15 minutes.
- Swabs should be refrigerated until the designated pick up time.

Tissue Collection

- Shave, incision, punch biopsy, or skin scraping may be collected and placed into a sterile cup.
- Tissue specimens should be kept at refrigerated until the designated pick up time.

1. Label the collection container with two patient identifiers.
 - a. Patient Name
 - b. Date of Birth
2. Give patient QLABS' information sheet.
3. Place specimen into biohazard bag with completed requisition form, copy of insurance card.
4. Place specimen(s) into UPS/FedEx Lab Pak mailer for delivery to QLABS.

Questions? Contact your Account Manager or email info@qlabs-inc.com for more information.



Materials Needed



Specimen collection bag



1 sterile, dry swab



Requisition Form



Copy of Patient Insurance Card (Front and Back)

Don PPE Select one of the Following:

Rectal Collection

- Insert the swab 1-2 inches into the rectum.
- Rotate swab 5-10 times.
- Confirm the swab contains fecal material.
- Place swab into the collection tube.
- Break the swab handle at the indentation and place the cap on the tube.
- Keep collection tube in an upright position for 10-15 minutes.

Stool Sample Collection

- Insert swab into the stool sample and rotate the swab 5-10 times.
- Confirm the swab contains fecal material.
- Place swab into the collection tube.
- Break the swab handle at the indentation and place the cap on the tube.
- Keep collection tube in an upright position for 10-15 minutes.

1. Label the collection tube with two patient identifiers:

- a. Patient Name
- b. Date of Birth

2. Give patient QLABS' Patient Information Sheet.

3. Place specimen into biohazard bag with completed requisition form, copy of insurance card (front and back). Samples should be refrigerated until the designated pick up time.

4. Place specimen(s) into UPS/FedEx Lab Pak mailer for delivery to QLABS via courier or shipping service.

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Gastrointestinal Collection Instructions (Cary-Blair)



Materials Needed



Specimen collection bag



Cary-Blair
(When Indicated)



Requisition Form



Copy of Patient Insurance Card (Front and Back)

Cary-Blair Collection

1. Don PPE.
2. Obtain clean newspaper, plastic wrap, or wide-mouth container.
3. Lift the toilet seat. Cover the toilet bowl with a large sheet of newspaper or plastic wrap. Make a depression in the material with your hand to allow for collection. (If using wide-mouthed container, hold so that stool goes directly into container and does not come into contact with water or urine.)
4. Lower the toilet seat and sit to pass specimen onto newspaper or plastic wrap.
5. An appropriate (i.e. bloody, slimy, watery) area of stool should be selected and sampled with the collection spoon provided in the cap of the container. Sufficient stool is added to the container to bring the liquid level up to the "fill to here" line (approximately 1 gram). **DO NOT REMOVE THE LIQUID INSIDE THE COLLECTION VIAL, and DO NOT TAKE STOOL FROM TOILET BOWL.** Stool samples cannot be tested if mixed with water or urine. **IT IS VERY IMPORTANT NOT TO FILL CONTAINER PAST FILL LINE.**
6. After collecting stool specimen, dispose of newspaper or plastic wrap.
7. Agitate each specimen with the spoon along the sides of the container, tighten the cap. Gently invert vial to insure that the specimen is adequately mixed.
8. Label the collection tube with two patient identifiers:
 - a. Patient Name
 - b. Date of Birth
9. Give patient QLABS' Patient Information Sheet.
10. Place specimen into biohazard bag with completed requisition form, copy of insurance card (front and back). Samples should be refrigerated until the designated pick up time.
11. Place specimen(s) into UPS/FedEx Lab Pak mailer for delivery to QLABS via courier or shipping service.

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Nail Collection Instructions

Materials Needed



Specimen collection bag



1 Sterile Collection Cup



Sterilized Nail Clippers
(Not provided)



Requisition Form



Copy of Patient Insurance Card (Front and Back)

Nail Clipping and/or Scraping Specimen Collection

Please see the Dermatology Collection Instructions for information on collecting skin scrapings.

Use nail clippers directly from an autoclave pouch or rinse clippers with sterile saline for those instruments which have been placed in cold, sterile holding after autoclaving.

1. Don PPE
2. Be sure to remove any nail polish. Clean and remove nail surface of any anti-microbial agents.
3. Clip the affected nails and collect clippings on sterile gauze. Scrapings may be collected from under the nail or from the nail plate with the use of a scalpel.
4. Place nail(s) and/or scrapings into provided collection cup. Ensure lid is secure.
5. Label the collection tube with two patient identifiers:
 - a. Patient Name
 - b. Date of Birth
6. Give patient QLABs' Patient Information Sheet.
7. Place specimen into biohazard bag with completed requisition form, copy of insurance card (front and back). Specimen should be left at room temperature until the designated pick up time.
8. Place specimen(s) into UPS/FedEx Lab Pak mailer for delivery to QLABs via courier or shipping service.

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Materials Needed



Specimen collection bag



1 Sterile Swab and 1 Collection Tube with Media (tube color may vary)



Requisition Form



Copy of Patient Insurance Card (Front and Back)

Don PPE, and select one of the Following:

Anterior Nasal Swab Collection

- Insert the entire collection tip of the swab provided (usually $\frac{1}{2}$ to $\frac{3}{4}$ of an inch, or 1 to 1.5 cm) inside the nostril.
- Roll the swab against nasal wall 5-10 times
- Repeat in the other nostril using the same swab.
- Place swab into the collection tube.
- Break the swab handle at the indentation and place the cap on the tube.
- Keep collection tube in an upright position for 10-15 minutes.

Nasopharyngeal Swab Collection

- Insert swab into the nose until resistance is encountered making sure to contact the nasopharynx.
- Roll the swab 5-10 times.
- Place the swab into the collection tube.
- Break the swab handle at the indentation and place the cap on the tube.
- Keep collection tube in an upright position for 10-15 minutes.

1. Label the collection tube with two patient identifiers:

- a. Patient Name
- b. Date of Birth

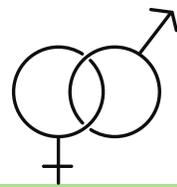
2. Place specimen into biohazard bag with completed requisition form, copy of insurance card (front and back). Specimens should be refrigerated until the designated pick up time.

3. Give patient QLABS' Information Sheet.

4. Place specimen(s) into UPS/FedEx Lab Pak mailer for delivery to QLABS via courier or shipping service.

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Sexual Health Collection Instructions (Urine)



Materials Needed



Specimen collection bag



Sterile Collection Cup



Requisition Form



Copy of Patient Insurance Card (Front and Back)

Patient Instructions

1. Wash hands thoroughly with warm water and soap.

Females: Holding labia apart, urinate into the toilet for a few seconds then place sterile cup under urine stream until cup is ½ full.

Males: Retract foreskin (as applicable) and urinate into the toilet for a few seconds and then place sterile cup under urine stream until cup is ½ full.

2. Tightly place cap on urine cup and give to the clinical staff member.

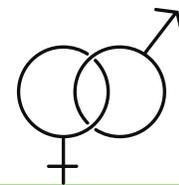
Clinical Technical Instructions

Urine collection

1. Don PPE.
2. Collect the urine cup from the patient
3. Label the urine cup with two patient identifiers:
 - a. Patient Name
 - b. Date of Birth
4. Give patient QLABS' Information Sheet.
5. Place specimen into biohazard bag with completed requisition form, copy of insurance card (front and back). Specimens should be refrigerated until the designated pick up time.
6. Place specimen(s) into UPS/FedEx Lab Pak mailer for delivery to QLABS via courier or shipping service.

Questions? Contact your Account Manager or email info@qlabs-inc.com for more information.

Sexual Health Collection Instructions (Lesion)



Materials Needed



Specimen collection bag



eSwab Collection Kit



Requisition Form



Copy of Patient Insurance Card (Front and Back)

Clinical Technical Instructions

Note: Always ensure the swab makes contact with any genital, anal, or perineal lesion(s).

Don PPE, and select from one of the following:

Vaginal Sample

- Insert the swab approximately 2 inches into the vagina. Ensuring that the swab contacts the vaginal wall and any visible lesions are swabbed, rotate the swab for 10–15 seconds.
- Confirm the swab is fully saturated
- Break the swab handle at the indentation and place the cap on the tube
- Keep collection tube in an upright position for 10–15 minutes

Urethra Sample

- Insert the swab approximately 3–4 cm into the urethra
- Keep the swab in place for 5 seconds then slowly withdraw the swab using a circular motion.
- Break the swab handle at the indentation and place the cap on the tube
- Keep collection tube in an upright position for 10–15 minutes

1. Label the collection tube with two patient identifiers

a. Patient Name

b. Date of Birth

2. Give patient QLABS information sheet.

3. Place specimen into biohazard bag with completed requisition form, copy of insurance card (front and back). Specimen should be refrigerated until the designated pick up time.

4. Place specimen(s) into UPS/FedEx Lab Pak mailer for delivery to QLABS.



Materials Needed



Specimen collection bag



Collection tube with swab



2 Towelettes



Requisition Form



Copy of Patient Insurance Card (Front and Back)

Patient Instructions:

1. Wash hands thoroughly with warm water and soap.

Females: Holding labia apart with one hand, wipe with a towelette. Wipe from front to back. Repeat this process for a second time with a new towelette. Continue to hold the labia apart and urinate into the toilet for a few seconds then place sterile cup under urine stream until cup is $\frac{1}{2}$ full.

Males: Retract foreskin (as applicable) and wipe the end of the penis with a towelette. Urinate into the toilet for a few seconds and then place sterile cup under urine stream until cup is $\frac{1}{2}$ full.

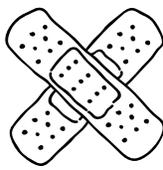
2. Tightly place cap on urine cup and give to the clinical staff member.

Clinical Instructions:

Urine Collection

1. Don PPE.
2. Collect the urine cup from the patient.
3. Label the urine cup with two patient identifiers:
 - a. Patient Name
 - b. Date of Birth
4. Give patient QLABS' Patient Information Sheet.
5. Place specimen into biohazard bag with completed requisition form, copy of insurance card (front and back). Specimen should be refrigerated until the designated pick up time.
6. Place specimen(s) into UPS/FedEx Lab Pak mailer for delivery to QLABS via courier or delivery service.

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Materials Needed



Specimen collection bag



eSwab Collection Kit



Requisition Form



Copy of Patient Insurance Card (Front and Back)

Wound Collection:

Do not disinfect the wound prior to collecting the sample unless otherwise noted.

1. Don PPE, and select from the following:

Open wounds

- Roll the swab across the wound until saturated.

Non-draining abscesses and cellulitis

- Disinfect the area.
- Perform a fine needle aspiration
- Transfer aspirate into transport tube.

Draining abscess and cellulitis

- Roll swab in affected area until saturated until saturated with purulence
2. Place swab in transport tube.
 3. Swirl the swab in the solution 7-10 times.
 4. Break the swab handle at the indentation and place the cap on the tube.
 5. Keep collection tube in an upright position for 10-15 minutes.
 6. Label the collection tube with two patient identifiers.
 - a. Patient Name
 - b. Date of Birth
 7. Give patient QLABS' information sheet.
 8. Place specimen into biohazard bag with completed requisition form, copy of insurance card (front and back).
Specimens should be refrigerated until the designated pick up time.
 9. Place specimen(s) into UPS/FedEx Lab Pak mailer for delivery to QLABS.