



611 Grammont St. Monroe, La. 71201
318.325.2634 or 800.293.2634

EGD, Dilation and ERCP Prep Instructions Afternoon Procedure

Day Before Procedure: _____

_____ Do not eat or drink after midnight.

Day of Procedure: _____

_____ You may have clear liquids until _____ a.m. Clear liquids include clear soft drinks, coffee, tea, Popsicles®, Jell-o®, broth, clear juices and hard candy. **NOTHING RED OR PURPLE! NO MILK!**

THEN NOTHING TO EAT OR DRINK!

_____ Take all your morning medications, if any, with a small sip of water.

*If you use an inhaler, please take a treatment the morning of the procedure whether you are symptomatic or not.

If you are a **DIABETIC, please call your primary care physician for dosage changes the day before the procedure.

The day of your procedure, DO NOT TAKE YOUR DIABETIC MEDICATIONS.

* Be sure to check your blood sugar the morning of your procedure.

If you take **BLOOD THINNERS, follow instructions given to you at the time of pre-registration.

_____ Bring a list of your medications with you.

_____ You may brush your teeth and gargle, just don't swallow any water.

_____ Bring someone to drive you home. You will be here approximately 2 hours. **If you do not have a driver, your procedure will be cancelled.**

_____ You should not drive for 8-10 hours after the procedure.

Procedure Date: _____

Procedure Time: _____

Place: _____

Arrival Time: _____

Physician performing procedure: _____

Patient Signature: _____ Prep Given By: _____