



611 Grammont Street. Monroe, LA 71201
318.325.2634 or 1.800.293.2634

Plenvu Prep Morning Procedure

1 Day Before Procedure: _____

- Clear liquids ONLY all day. No solid food.**

Clear liquids include: water, clear sodas, coffee (no milk or creamer), tea, gelatin (no red or purple), chicken or beef broth, clear juices (apple, white grape), popsicles (without fruit pieces).

NO RED OR PURPLE! NO MILK! NO ALCOHOL!

IT IS IMPORTANT THAT YOU DRINK AS MUCH FLUID AS YOU CAN THROUGHOUT THE DAY UNTIL MIDNIGHT.

- 5:00pm - empty dose 1 into the disposable container. Add water or lemon flavored drink to the top line and mix. Drink the solution within 30-45 minutes.
- 6:00pm - drink 16oz of clear liquid.
- Continue drinking clear liquids until midnight. Nothing by mouth after midnight except for second dose of prep.

Day of Procedure: _____

- 1:00am - empty Doses 2 pouch A and Dose 2 pouch B into the disposable container. Add water to the top line. Mix to dissolve.
- Drink within 30-45 minutes.
- 2:00am - drink 16 oz of clear liquid

Nothing by mouth after the last 16 oz of water until after the procedure is complete.

*Take all of your morning medications, if any, with a sip of water

If you are a diabetic, call your primary care physician for dosage changes the day before your procedure.

The day of your procedure, DO NOT TAKE YOUR DIABETIC MEDICATIONS & CHECK YOUR BLOOD SUGAR.

Bring a driver. You will be here approximately 2 hours. If you do not have a driver, your procedure will be canceled.