

## Cryotherapy Wound Care

1. The area that was treated will become swollen and inflamed in the first few minutes after treatment.
2. A blister may form at the treatment site during the first 24 hours.
3. The blister may contain bloody fluid, this is normal.
4. The area will scab over.
5. Clean the area daily with soap and water.
6. The initial discomfort will improve during the following day.
7. Band-aids are not necessary but may be used for cosmetic purposes. If you opt to use one, apply Vaseline to the site prior to placing the bandaid.
8. It may take up to two weeks for the areas to fully heal, and it could take longer on the legs.
9. Contact our office if there is any evidence of infection or increasing pain.